



A good head and a good heart are
always a formidable combination.

Nelson Mandela

Make An Emergency Car Kit and Plan For Safe Driving

Travelling by road, We suggest you make an emergency car kit and include items such as blankets or sleeping bags, jump leads, a fire extinguisher, road maps, shovel, tyre repair kit, tyre pump, extra clothing, flares, and a tow rope.

And of course, don't drive off until you and your passengers have buckled their seat belts and children 12 and under are in the back seat. Avoid travelling with sharp or heavy objects in the passenger area of the car; in the event of a sudden stop or crash they turn into dangerous flying missiles. Also, make sure any child seats meet recognized federal or national standards for crash protection.

You should avoid driving in a storm, but if you feel you must, keep your fuel tank full. Let someone know where you are going, which route you are planning to take and when you expect to arrive.

Some safety **RULES** to follow

- Motorists unsure about the roadworthiness of their vehicles should have a technical examination done at any AA DEKRA centre.
- Always carry a spare fan belt and radiator hose in the boot; these could save time and money in the event of a breakdown.
- Check insurance policies. Motor vehicle, householder and life assurance policies should be in order and kept in a safe place.
- Newspaper and milk deliveries should be cancelled and provision made for the care of pets.
- Travellers should inform their nearest police station of the period that they will be away from home.
- Families traveling an unfamiliar route must plan their journey, use major routes and try and avoid back roads.
- Always wear your seatbelt and maintain at least a three to four second following distance.
- Increase your following distance at night and on wet roads to six seconds or more.
- Fatigue and eye strain can be avoided by making frequent rest stops; driver changes are advisable at rest stops.
- Include safety breaks every two hours or every 200 kilometres travelled
- Cars should be locked when unattended, with no valuables inside where they can be seen by passer-by's
- Never leave children or pets in a locked car, the heat built up in the interior can cause heat exhaustion or heat stroke and can be fatal.
- Carry your driver's license at all times.
- Drive with your headlights on all the time -this makes you so much more visible to other road users, especially pedestrians.

I will soon be announcing new and exciting projects that PheZulu Procurement Enterprises will be undertaking over the next few months.

Dinesh Padayachee
CEO & Founder